

CHARACTER QUALITIES 7

Parent Talk Assignment



Put an H next to the character qualities that you HAVE and a W next to the character qualities that you WANT. Review your answers with your parent or guardian and have them mark with an H and W for you as well.

ATTENTIVE _____

(Listening with eyes, ears, & heart)

CONTENT _____

(Happy with what I have)

HONEST _____

(I tell the truth all the time)

CREATIVE _____

(Doing something in a new way)

DILIGENT _____

(Working hard to accomplish a task)

FAIR _____

(Treating others equally)

GENEROUS _____

(Sharing what I have)

HELPFUL _____

(Ready to serve at any time)

HUMBLE _____

(I don't think of myself as better than anyone else)

KIND _____

(Good hearted, careful, gentle)

PROMPT _____

(Being on time - getting things done when I say I will)

PATIENT _____

(Waiting with a happy spirit)

RESPONSIBLE _____

(Doing what I say I will do when I say I will do it)

SELF-CONTROL _____

(Controlling my emotions and actions)

THANKFUL _____

(Being thankful and telling others)

NAME:

PARENT SIGNATURE: _____

MEDIA ASSIGNMENT 6

Parent Talk
Assignment

6

What messages are your devices communicating? How will these messages affect your relationships?

1. Name a show you normally watch, site you visit, video game or app you play:

2. As you are watching or playing, make a tally mark in the appropriate box every time there's an action, comment, or picture which shows disrespect in the following areas:

Violence

Language

Sexual

3. Were there any consequences shown for these behaviors? _____
If yes, what were they?

4. What are the benefits of your favorite form of media?

5. What are the risks?

6. Is this show, app, or game helping you learn the skills of creating positive, healthy relationships?

_____ Yes _____ No

Parent Signature: _____

Student Name: _____

Name: _____

Parent Signature: _____

RESPECTED ADULT INTERVIEW

Parent Talk
Assignment

5

What advice did someone give you when you were my age that you were glad you listened to?

What advice do you wish you would have listened to when you were a teenager?

What attributes do you see in me that make you excited for my future?

What attributes do you see in me that you think I need to be cautious of for my future?

Do you have any other advice for me?



I HAVE SOME QUESTIONS...

Alive & Well wants to partner with 6th grade parents or guardians to help your pre-teen make healthy choices. Next week, we will be presenting the topics of puberty and abstinence in your student's class. We believe that it is very important for young people to discuss these issues with their guardians. The purpose of this activity is to "break the ice" to help you have these conversations with your child. Please set aside some time within the next week to listen and discuss the questions your child lists below.

Here are some of my questions about relationships, puberty, sex, etc.

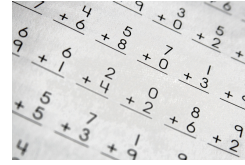
Name: _____

WHAT ARE YOUR TALENTS?

Parent Talk
Assignment

3

_____ I am logical and can problem solve.



_____ I like art/drawing and painting pictures.



_____ I enjoy reading and writing.



_____ I am a good communicator and enjoy relationships.



_____ I am good at dancing/athletics.



_____ I like to sing/play instruments.



_____ I enjoy exploring outdoors/animals/plants.



Number the talents as they relate to you.

1 = This is most like me. 7 = This is least like me.

Share with your parents what you have learned and why you chose the numbers you did.

“EVERYBODY IS A GENIUS. BUT IF YOU JUDGE A FISH BY ITS ABILITY TO CLIMB A TREE, IT WILL LIVE ITS WHOLE LIFE BELIEVING THAT IT IS STUPID.”

~ ALBERT EINSTEIN

Parent's Signature: _____



Worldview

THE WAY I SEE THE
WORLD

Parent Talk
Homework

2

Name: _____

In the boxes below describe how your understanding of
worldview will change the way you:

Confront others

Listen to others

Empathize with others

Parent's Signature: _____

A&W Think Sheet

Think of a recent time you regretted your actions.
Use that scenario to answer the questions below.

1

Parent Talk
Homework



In your own words describe what happened and who was involved:

**IF WE LET OUR NEGATIVE EMOTIONS BUILD UP,
THEY WILL EVENTUALLY EXPLODE!**

What did you do that you now regret?:

How does your behavior need to change?:

What can you do in the future to ensure a more positive response?:

How can you make peace with the people involved?:

Name:

Parent Signature: