

# Alive & Well

Helping Teens Make Healthy Choices

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## WHAT WE PROVIDE

- **Parent meeting and ongoing parent communication.**
  - **Online access to pre/post surveys.**
  - **Digital student notes, parent letter and parent guides.**
  - **Parent email with links to all curriculum overview guides.**
  - **Spanish parent packets are also available.**
  - **"Parent talk" homework assignments to encourage parent/student communication.**
  - **Experienced, trained instructors, who are well versed in the curriculum.**
  - **Multimedia, interactive curriculum including hands-on lessons with rewards and prizes.**
  - **Report of student survey results after program completion**
  - **Ongoing focus on state laws and standards.**
  - **Constant monitoring of teen issues and trends in order to adapt the curriculum to remain relevant and interesting to teens.**
  - **Male and female instructors for 5th and 6th grade puberty lessons.**
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## SCHOOL RESPONSIBILITIES

- **Inform A&W of specific student issues or struggles needing attention during the course.**
- **Return completed A&W contract.**
- **Communicate with parents according to Indiana law.**

## SCHOOL RESPONSIBILITIES

- **Require students to take on-line surveys in a timely manner.**
- **Print student notes packets.**
- **Require students to make name-tag "tents" for desks.**
- **Classroom with compatible Smart Board, Apple TV, or projector and wifi.**
- **School representative in the classroom at all times.**
- **Encourage students to complete the parent talk assignments.**
- **After program completion, require school representatives to complete online teacher evaluations.**
- **Payment of fees within 30 days of receiving invoice.**
- **Extra classroom for 5th and 6th grade puberty lessons to separate by gender.**

## PROGRAM COSTS FOR SCHOOLS

*Cost for one class with up to 30 students*

*\$90/session*

**8 sessions: \$720**

*\$30/session*

**\*Your cost: \$240**

*\$95/session*

**5 - 7 sessions: \$475 - \$665**

*\$35/session*

**\*Your cost: \$175 - \$245**

*\$100/session*

**3 sessions: \$300**

*\$40/session*

**\*Your cost: \$120**

*\*Cost dependent upon community agencies and grants providing additional funding*